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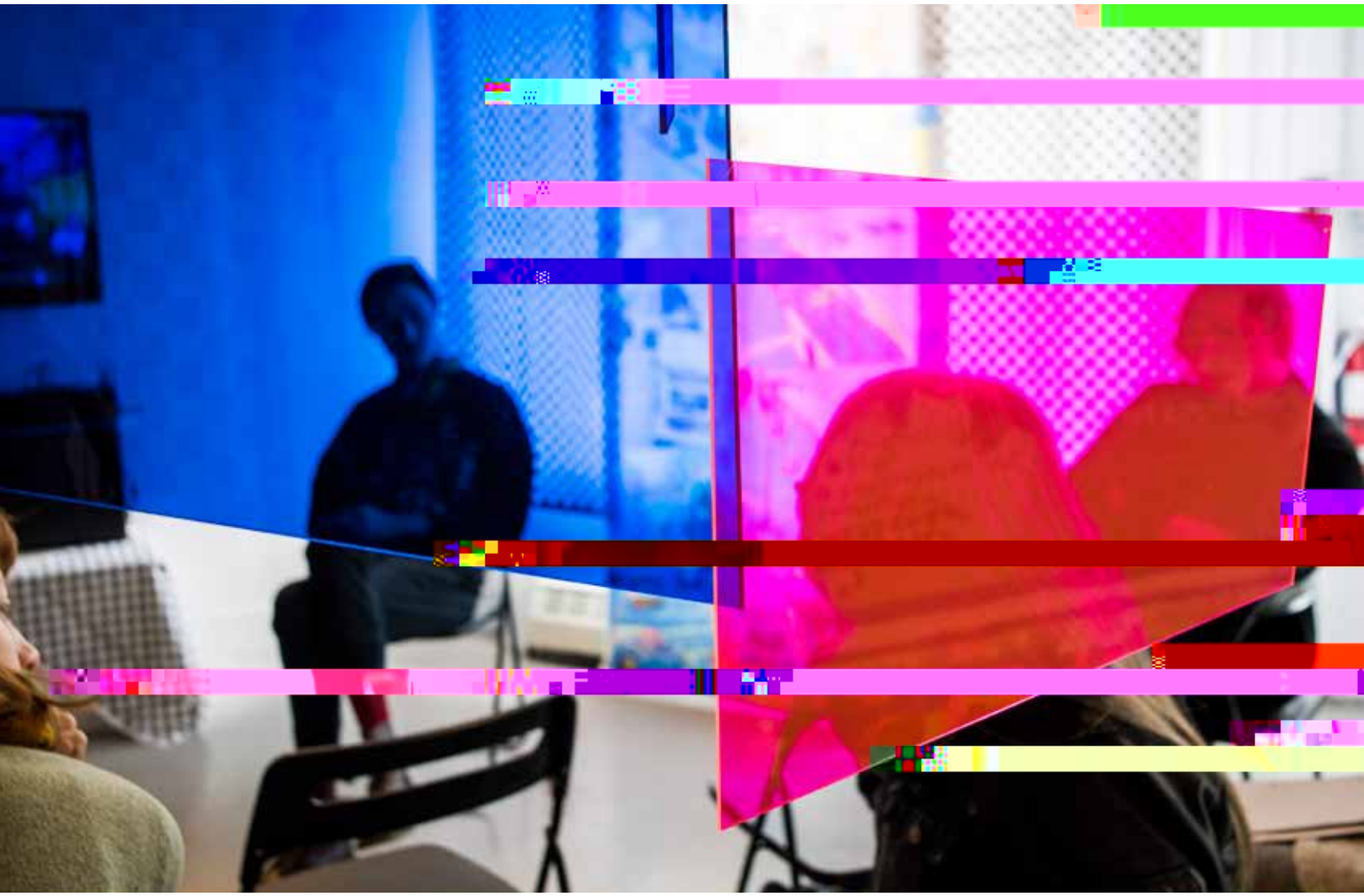

This list is not an exhaustive list but merely meant to give you an overview of some of the many services available to you. Please do not hesitate to reach out to the counsellor at NSCAD or visit 211.com for a more comprehensive list of resources.

2SLGBTQIA+ SERVICES 4

ABUSE SERVICES 5

ADDICTIONS SERVICES 6-7

AFRICAN NOVA SCOTIAN SERVICES 8-9

DISABILITY SERVICES 10-11

EMPLOYMENT SERVICES 12

HEALTH/SUPPORT SERVICES 14-15

INDIGENOUS SERVICES 16-17

LEGAL SERVICES 18

MENTAL HEALTH SERVICES 19-21

SEXUAL ASSAULT SERVICES 22

Family and Friends Hotline by Trans Lifeline

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